

First grade readiness for _____ Date _____ Assessed by _____

FLOOR

Simon Says – arm over & elbows	
Knows age and birthday	
Handshake – overflow and eye contact	
Chair or table jump	Hopping one foot
Jump rope	
Throw & catch – ball and beanbag	
Kick	
Hoop jump	
Balance on one foot; add speech and eyes closed	
Balance beam	
Holding fingers behind back for numbers	

TABLE

Straight & wavy lines						
Drawing shapes			Four petaled			
Beads: Red guess	Actual	Hand	Blue guess	Actual	Hand	Counting
Eye and ear dominance						
Eye movement control						
Alphabet book						
Bigger-smaller with crayons						
Color recognition						
Numbers 246 7731 24386						
Hearing of differences			Auditory sequence			

FLOOR

Crawl	
Spinal – back drawing	
RIP	ATNR & STNR
Wrestle	Eagle
Roly Polys	Head righting (opt.)
Moro reflex	
Jumping clapping for PHT	

TABLE

Person House Tree

NOTES
